



Columbus State Community College

PLAN OF STUDY

SPORT & EXERCISE STUDIES

Sport Management Major

Name _____
 Student # _____
 Date Entered _____
 Advisor _____

CAREER AND TECHNICAL PROGRAMS
 Effective Autumn Quarter 2009

FIRST QUARTER				SECOND QUARTER				THIRD QUARTER			
		CR	GR			CR	GR			CR	GR
SES 190	SES Freshman Seminar	T	1	SES 101	Intro to Sport & Exercise Studies	T	3	SES 117	Tae Kwon Do	T	2
SES 100	Personal Fitness Concepts	T	3	ENGL 102	Essay & Research	G	3	SES 222	Tennis <i>OR</i>	T	2
MULT 171	Current Issues HIV/AIDS	B	1	BIO 261	Human Anatomy	B	5	SES 223	Racquetball	T	2
ENGL 101	Beginning Composition	G	3	COMM 105	Speech	G	3	SES113	Aquatics Management	T	2
MATH 101	Business Math	B	5	SES 102/104/105/106/108/109	SES Physical Education Requirement	T	1	BIO 262	Human Physiology	B	5
HOSP 153	Nutrition for a Healthy Lifestyle	B	5					BMGT 102	Managing Interpersonal Skills	B	3
								HOSP 223	Sport Nutrition	B	3
TOTAL			18	TOTAL			15	TOTAL			17
FOURTH QUARTER				FIFTH QUARTER				SIXTH QUARTER			
		CR	GR			CR	GR			CR	GR
SES 224	Sport Management Foundations	T	5	SES 234	Sport Marketing	T	5	SES 226	Care & Prevention of Athletic Inj	T	3
SES 231	Exercise Physiology	T	3	SES 114	Aerobic & Group Fitness	T	2	SES 294	Sport & Exercise Studies Practicum II	T	3
SES 236	Exercise Physiology Laboratory	T	2	SES 233	Outdoor Community Recreation	T	3	MULT 103	Responding to Emergencies (if needed)	B	2
SES 235	Sport Law	T	3	SES 292	Sport & Exercise Studies Practicum I	T	3	HUM XXX	Humanities World Civilization I	G	5
SSCI 101	Cultural Diversity	G	5	SES XXX	Technical Elective	T	2	ENGL XXX	250 or 251 or 252	G	5
				SES 116	Golf Management	T	2				
TOTAL			18	TOTAL			17	TOTAL			16-18
				GRADUATION REQUIREMENTS				TECHNICAL ELECTIVES:			
NOTE:				G = General Education B = Basic Education T = Technical Education				SES 102 Total Body Conditioning 1 SES 104 Beginning Yoga 1 SES 105 Introduction to Resistance Training 1 SES 106 Beginning Golf 1 SES 108 Women's Self Defense 1 SES 109 Beginning Bowling 1 SES 115 Intermediate Resistance Training 2 SES 222 Tennis 2 SES 223 Racquetball 2 SES 225 Athlete Intervention 2 SES 217 Advanced Tae Kwon Do 2			
				Total General Education 24 hours Total Basic Education 29 hours Total Non-Technical 53 hours Total Technical Education 50 hours TOTAL SES Sport Management 101-103 hours							