



# Columbus State Community College

## PLAN OF STUDY

Name \_\_\_\_\_  
 Student # \_\_\_\_\_  
 Date Entered \_\_\_\_\_  
 Advisor \_\_\_\_\_

**CAREER AND TECHNICAL PROGRAMS**  
 Effective Autumn Quarter 2009

### MENTAL HEALTH/CHEMICAL DEPENDENCY/MENTAL RETARDATION

### MENTAL RETARDATION TRACK

FIRST QUARTER			SECOND QUARTER			THIRD QUARTER					
TYP	CR	GR	TYP	CR	GR	TYP	CR	GR			
ENGL 101	Beginning Composition	G	3	ENGL 102	Essay & Research	G	3	PSY 230	Abnormal Psychology	B	5
PSY 100	Introduction to Psychology	B	5	CIT 101	PC Applications I	B	3	PSY 240	Human Growth & Dev. Through Life Span	B	4
MHCR 111	Intro. to Mental Health	T	4	HUM xxx	Humanities 111, 112, 113, 151, 152 or 224	G	5	MHCR 135	Intervention Strategies	T	4
MHCR 112	Intro. to MR/DD	T	3	MHCR 115	Intro. to Counseling	T	4	MHCR 191A	Fundamentals in Human Service Practice	T	4
MHCR 114	Intro. to Chemical Dependency	T	4	MHCR 117	Intro. to Documentation Skills	T	2	MHCR 191B	Fundamentals in Human Service Practice/Practicum	T	4
<i>(Introductory courses may be taken in any order.)</i>											
<b>TOTAL</b>		<b>19</b>	<b>TOTAL</b>		<b>17</b>	<b>TOTAL</b>		<b>21</b>			
FOURTH QUARTER			FIFTH QUARTER			SIXTH QUARTER					
TYP	CR	GR	TYP	CR	GR	TYP	CR	GR			
SSCI 101	Cultural Diversity	B	5	COMM 105	Speech	G	3	BIO 111	Introductory Biology I (BIO 100 is Waived for our students)	G	5
MHCR 150	Pharmacology in Human Service	T	2	COMM 202	Writing for Health and Human Serv.	G	3	***MHCR 258	Case Mgmt/Service Coordination	T	4
*MHCR 247	Teaching & Supporting Strategies	T	4	OR				***MHCR 298	Practicum in Service Coordination Case Management	T	4
*MHCR 291	Practicum in Teaching & Supporting Strategies	T	4	COMM 200	Business Communications	G	3	*MHCR 299	Portfolio Completion/Captone	T	1
*MHCR 241	Counseling Skills	T	4	**MHCR 251	Social Policy & Programs	B	4				
				**MHCR 253	Therapeutic Group Work Skills	T	4				
				**MHCR 295	Practicum in Therapeutic Group Work Skills	T	4				
<b>TOTAL</b>		<b>19</b>	<b>TOTAL</b>		<b>18</b>	<b>TOTAL</b>		<b>14</b>			
			GRADUATION REQUIREMENTS								
<p>* Offered only during Autumn and Winter quarters            ** Offered only during Winter and Spring quarters            *** Offered only during Spring and Summer quarters</p> <p>Students placing into developmental courses need to complete those prior to enrolling in first quarter program classes.</p> <p>Due to potential changes in course offerings, it is essential that students meet with their academic advisor on a regular basis for scheduling and planning.</p>			<p><b>G = General Education</b>  <b>B = Basic Education</b>  <b>T = Technical Education</b></p> <p><b>Total General Education                    22 hours</b>  <b>Total Basic Education                    26 hours</b>  <b>Total Non-Technical                    48 hours</b>  <b>Total Technical Education                    60 hours</b>  <b>TOTAL CREDITS                    108 hours</b></p>			<p>Students may pursue additional/optional training in the following:</p> <p>MHCR230    Supervision and Ethics in Human Services            MHCR 230A    Supervision in Human Services            MHCR 230B    Ethics in Human Services            MHCR 234    Therapeutic Laughter            MHCR 266    Treatment in the Criminal Justice System            MHCR 270    Special Topics in CD Counseling            MHCR 280    Special Populations in Human Services            MHCR 290    Special Topics in Prevention</p>					