Doily Health Check

The objective of implementing the Daily Health Check (DHC) is to minimize the spread of communicable illnesses by helping employees understand how to proceed if they are displaying symptoms of illness. As the College's response to ongoing public health concerns evolves, use of the Daily Health Check (DHC) in place of the online COVID-19 screening form provides employees with a tool to monitor their wellness.

The Daily Health Check (DHC) is a self-administered questionnaire that helps an employee determine if they are well enough to work on-site. Instead of submitting results of the Daily Health Check (DHC) via an online form, employees are expected to communicate with their supervisor and/or Human Resources to promote a safe working environment.



Do you currently have a fever greater than 100°F?



Have you been in close contact with someone who fits into any of the following categories in the last 10 days while you were not wearing PPE (i.e., gloves, surgical/N95/KN95 mask, gloves and gown):

- 1. Is scheduling a COVID-19 test,
- 2. Is waiting for the results of a COVID-19 test, or
- 3. Has a laboratory-confirmed case of COVID-19?



Are you currently scheduling a COVID-19 test or waiting for test results for yourself due to a known exposure or symptoms?



Have you experienced any of the following symtoms in the last 72 hours? Please do not include chronic issues that you have had for more than 10 consecutive days unless the symptom has become severe

- Fever greater than 100°F
- Sore Throat
- Cough
- Shortness of Breath of Difficulty Breathing
- Chills
- Muscle or Body Aches
- New Loss of Taste or Smell
- Fatigue
- Headache
- Congestion or Runny Nose
- Nausea or Vomiting, and/or Diarrhea



Have you traveled to any of the countries considered by the CDC to be high risk within the last 10 days?

If you answered yes to any of the questions above, DO NOT REPORT TO WORK. Please contact your supervisor and/or Human Resources to determine next steps.

If you have more questions or concerns, you can reach an HR Business Partner by sending an email to hrbp@cscc.edu.

For more information about the College's COVID response please visit the COVID-19 page.

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