

# CSCC Incentive Structure: Rally Total coins needed= 8 coins



Incented Health Activities		Coins	Maximum Coins
Eligible Members: Employees and Spouses			
Health Assessment/Health Survey		2 coins	2 coins
Complete Annual Preventive Exam (Annual Wellness Exam)		1 coin	1 coin
Complete Biometric Screening or Lab Panel (blood work)		2 coins	2 coins
Screenings (Cervical, Colorectal, Mammogram, Prostate), Bone Density, Flu Immunization, COVID vaccination)		1 coin each	3 coins
Mission Completion (3 missions= 1 coin)		1 coin	2 coins
Living with condition completion of program (Asthma, Diabetes, Coronary Artery Disease, Heart Failure, COPD, Healthy Pregnancy)		2 coins	2 coins
Wellbeing Seminars (attend at least 5 seminars)		1 coin	1 coin
Real Appeal (Weight Loss program)		2 coins	2 coins
Preventive Dental Screenings		2 coins	2 coins
Dental 2 <sup>nd</sup> visit		1 coin	1 coin
CSCC 5 K-participation		1 coin	1 coin
Vison (check up)		1 coin	1 coin