

CSCC

Get to know CancerBridge

April 10, 2025

Who We Are

CancerBridge is a cancer-focused concierge service that provides employees and their immediate family easy access and personalized support from oncology nurses and physicians who are experts in their specific type of cancer. The breadth and depth of our clinical expertise stems from our formal affiliation with the James Comprehensive Cancer Center.



Connect to Cancer Experts Who Care.

Advocate for Early Detection & Screening.

Promote of Health & Wellness.

- Oncology specialists available Monday-Friday 8am-8pm EDT.
- Contact us at any time during a cancer journey.
- Robust health and prevention programming.
- Employees + immediate family coverage.
- No additional cost to you for this benefit.



Why We Exist

#2

Cancer is the second most common cause of death in U.S.

42%

There were over 2,000,000 new diagnoses of cancer predicted for 2024 in the United States. 840,000 could have been avoided through healthier lifestyles and early detection.

1 in 3 women and 1 in 2 men will be diagnosed with cancer in their lifetime.

611,000

deaths expected in 2024

Cancer is a complex disease that can be deadly.

200+

There are over 200 types of cancer.

47%

Nearly half of all employers do not provide coverage for diagnosis management services to employees with cancer.

Source: American Cancer Society

What to Expect When You Call

- Greeted quickly by CancerBridge Oncology Nurse
 - ✓ Provide name
 - ✓ Employee ID
 - ✓ Company name
- Oncology Nurse collects additional information
 - ✓ Is this for you or a family member?
- You can discuss a variety of topics
- Do you wish for a physician phone call?
- Would you like help with acquiring a 2nd opinion?
- Would you like connected with the closest NCI designated hospital?

Meet our Team!



Erinn Dodds
MSN, RN



Kim Slygh
RN, OCN



Shawna Cornell
BSN, RN



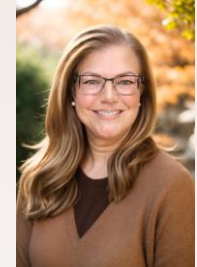
Patricia Gabel
RN, BSN, OCN



Jason Walsh
Senior Director,
Business
Development



Hollie Hinton
Director



Julia Duncan
BSN, RN, CCM

CancerBridge Education - Webinars

Virtual Healthy Living Programming

11 in 2025

49



CancerBridge Kitchen Series

Featuring
The James Mobile Education Kitchen
with
Cameron Stauffer RD and Chef Michael Carnahan





**Nutrition Reset:
How to Realign Your Goals**

This session will focus on practical strategies to create sustainable habits, meal plan effectively, and stay motivated throughout the year.



CancerBridge Support Series

Presented by **Stephanie Dolan CNP**
with
The James


Early Onset Colorectal Cancer

Covers the risk factors, signs and symptoms, how it is treated, and complications



7 in 2025

47

4 in 2025

9

Top 5 Tax Tips

February 18, 2025

Don Griffith, JD, CEPA*
Huntington Private Bank

Neither Huntington Private Bank nor its representatives provide legal or tax advice. Your tax and financial situation is unique. You should consult your personal tax and/or legal advisor for advice and information concerning your particular situation.





SELF-CARE WEBINAR

CREATING YOUR COPING SKILLS TOOLBOX

SPEAKER:
AMANDA FOX, MA, LPC

TIME:
12:00 AM - NOON

DATE:
27 MARCH 2025

DESCRIPTION:
Learn the stages and types of coping and identify strategies that can help you prepare for, navigate, and recover from stressful situations.

hello@mycancerbridge.com [614-293-6301](tel:614-293-6301) www.mycancerbridge.com



LIVE!

10 in 2025

22

4 in 2025

New!



CancerBridge Nutrition Series

Featuring
Dena Champion MS, RDN, LDN, CNSC, CSO
with
The James


Plant Powered Plate

Learn about how a plant-forward diet can benefit your health.







CancerBridge Exercise Series

Featuring
Chris Kolba PT
with
The Ohio State University

Training the Core

A guide to exercises to help improve posture and stability.



10 in 2025

New!

 CancerBridge | MyCancerBridge.com

6

CancerBridge Education – Kitchen Series

2025 CancerBridge Kitchen Series with The James Mobile Education Kitchen



Hosted by Cameron Stauffer RD & Chef Michael Carnahan

Click [here](#) to register once for the entire year!

All webinars below are scheduled for 11:00am.



Date	Title & Description	Recipe
2/6	Nutrition Reset: How to Realign Your Goals <i>Start the year strong by learning how to realign your nutrition and wellness goals. This session will focus on practical strategies to create sustainable habits, meal plan effectively, and stay motivated throughout the year.</i>	Winter Buddha Bowl
3/6	Powering Up with Protein <i>Learn how to incorporate the right types of protein into your meals, whether you're an omnivore, vegetarian, or vegan. We'll explore complete vs. incomplete proteins and delicious ways to boost your intake.</i>	Lemon Herb Grilled Chicken or Tofu Skewers with Quinoa Tabouleh
4/3	Kitchen Hacks & Gadgets: Are They Worth It? <i>From air fryers to spiralizers, discover which gadgets are worth your investment and how to use them effectively. We'll also share time-saving kitchen hacks that anyone can use.</i>	Zucchini Noodles with Sundried Tomato Pesto and Roasted Vegetables
5/1	Restaurant Favorites at Home <i>Learn how to recreate your favorite restaurant meals at home in a healthier, more budget-friendly way. Tips for balancing flavor and nutrition will take your cooking to the next level.</i>	Lightened-Up Shrimp Scampi
6/5	Eating Seasonally/Eating Outdoors <i>Celebrate summer harvest by exploring the benefits of eating seasonally. We'll share tips for outdoor dining and making the most of farmers' market finds.</i>	Grilled Veggie & Farro Salad with Lemon Vinaigrette

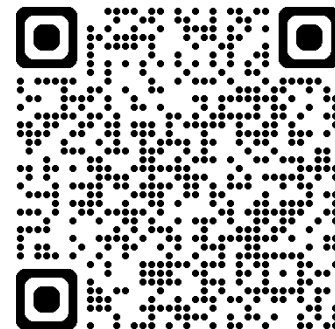
7/10	Nutrition for Chronic Diseases: Prevention & How to Find the Best Eating Plan for You <i>Understanding how nutrition can play a key role in preventing and managing chronic diseases like diabetes, heart disease, and more. We'll review evidence-based eating plans and personalize them for your needs.</i>	Vegetable & Miso Noodle Soup
8/7	Healthy Eating on a Budget <i>Eating well doesn't have to break the bank. Learn budget-friendly shopping strategies, meal planning hacks, and recipes that are both nutritious and affordable.</i>	Sweet Potato & Black Bean Tacos with Avocado Crema
9/4	Reading Nutrition Labels/Grocery Shopping <i>Navigate the grocery store like a pro. We'll decode nutrition labels, explain common marketing terms, and share how to make informed choices for your health.</i>	DIY Grain Bowl Bar
10/2	Seed Oils & Inflammation <i>Dive into the science behind seed oils and their impact on health. Learn how to balance fats in your diet and make informed choices about cooking oils.</i>	Salmon & Walnut Pesto Pasta
11/6	Dinner Recipes to Feed a Crowd <i>Hosting just got easier! Explore hearty, crowd-pleasing recipes that maximize flavor without compromising on nutrition.</i>	Sheet Pan Herb-Roasted Chicken with Root Vegetables
12/4	Mindful Eating <i>End the year by reconnecting with your food through mindful eating practices. Learn techniques to enhance satisfaction, reduce overeating, and enjoy every bite.</i>	Dark Chocolate Bark with Nuts and Dried Fruit Seared Pears with Granola



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If you have any questions regarding our webinars, please feel free to contact me directly or you may email: hello@mycancerbridge.com

For clinical questions, you may contact our CancerBridge Nurse Line at: (855) 366-7700



CancerBridge Education: Nutrition & Finance



2025 CancerBridge Quarterly Nutrition Series
with Dena Champion, MS, RDN, CSO, LD, CNSC
Click [here](#) to register once for the entire year!
All webinars below are scheduled for 11:00am.

Date	Title & Description
2/19	Plant Powered Plate <i>Join us to learn about how a plant-forward diet can benefit your health. We will discuss the science behind why a plant-heavy diet is ideal and tips for busy people.</i>
5/21	Plant Powered On the Go: Smart Meal Planning for Busy Lives <i>Learn about how meal planning can improve your diet. Practical tips and portable meal and snack ideas will be provided.</i>
8/20	Plant-Based Protein <i>We will discuss cutting back on animal foods while still getting plenty of protein. This presentation will include easy plant-based protein ideas to help you make positive changes that are also delicious!</i>
11/19	Fiber and Gut Health <i>Most people don't eat enough fiber, which can wreak havoc on our gut health. Learn the basic science behind this and how you can ensure you get plenty of fiber in your diet!</i>

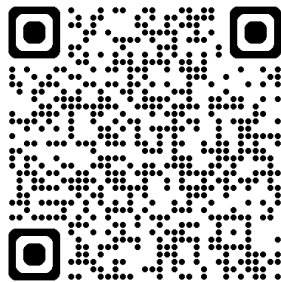


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2025 CancerBridge Quarterly Financial Wellness Series
with  **Huntington Bank**
Click [here](#) to register once for the entire year!

Date	Title & Description
<small>**All webinars below are scheduled for 11:00am.**</small>	
2/18	Top 5 Tax Tips for Individuals and Families <i>In recent years there have been some major changes in the tax laws. This session will review some of those changes and share some strategies that you can use to make tax time a little less stressful.</i>
5/20	Establishing Your Financial Goals and Dreams <i>Life is too precious. Discover how being intentional with your finances can position you to achieve what matters most. This session will help give you the tools to begin developing a personal financial roadmap.</i>
8/19	Financial Tips for Caregivers <i>Caring for yourself or your loved one's finances can be a daunting task. Having the right tools can make a tough situation a little easier. In this session you will learn key tips and solutions to best position yourself for success in navigating the unknown.</i>
11/18	Top 5 Tips for Maximizing your Employer Benefits <i>Many employers offer a wide variety of benefits to employees and their families. This session will review best practices on how to leverage those programs to enhance your current financial picture and provide a solid foundation for retirement.</i>

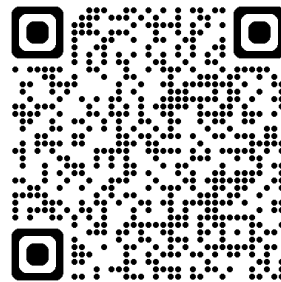


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CancerBridge Education: Self-Care



2025 CancerBridge Self-Care Series

with Amanda Fox, MA, LPCC who is a Certified Health and Well-Being Coach with The OSU Health Plan

Click [here](#) to register once for the entire year!

All webinars below are scheduled for 11:00am.

Date	Title & Description
2/27	Breathe Better, Stress Less Learn and practice a variety of breath exercises that can reduce stress and promote resilience, focus, and calm.
3/27	Creating Your Coping Skills Toolbox Learn the stages and types of coping and identify strategies that can help you prepare for, navigate, and recover from stressful situations.
4/24	Mindfulness and Meditation Learn the basics of mindfulness and meditation to discover how these practices can help you feel more present, focused, and calm in everyday life.
5/22	Journaling for Self-Care Unlock the benefits of journaling for self-expression, personal growth, and stress relief, with guidance for building a meaningful practice and adaptable tips for every style.
6/26	Mid-Year Wellness Reflections We're half way through 2025 - Let's reflect on our best self-care practices so and use the lessons learned to keep the efforts going strong. ** This will be a workshop with time for personal writing reflections included during the session.
7/31	Savoring and Slowing Down - a Mindful Eating Practice A leisurely, enjoyable meal can feel like a radical act of self-care! See how you can transform your mealtimes into wellness breaks with mindful eating. ***Have a

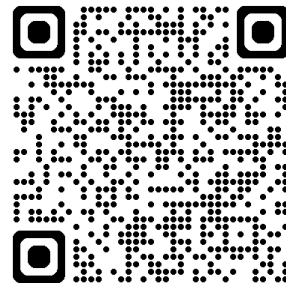
	<i>meal or snack prepared to eat during the session if you'd like to participate in the mindful eating practice exercise.</i>
8/28	Sleep Well for Wellness <i>Discover why sleep is the foundation for all well and discuss strategies for a restful night's sleep.</i>
9/25	Making Peace with Sleep <i>What we tell ourselves about sleep is as important as the sleep and sleep habits themselves. Learn daytime and nighttime strategies that support rest and create more peaceful sleep beliefs.</i>
10/23	Compassion Fatigue to Compassion Satisfaction <i>Helpers need help too. If you're in a role of taking care of others with little time left for yourself, fatigue can creep in fast. Learn how to take care of you so you can keep taking care of others.</i>
11/20	Creating Space for Self-Care <i>Reflect on what "self-care" has meant for you this year and create a vision for continuing those well-being activities that replenish and sustain you through to 2026.</i>



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CancerBridge



CancerBridge Education: Exercise



Chris Kolba, PhD, PT, MHS, CSCS

Physical Therapist

Chris has decades of experience in orthopedics and sports medicine working with high school, college, professional and recreational athletes. He has been a clinical instructor since 1995. He develops and teaches APTA approved education courses nationally. Chris developed and coordinates Ohio State's Tactical Rehab and Conditioning (TRAC) program specifically designed to meet the unique rehabilitation and training demands of the tactical operator (firefighters, police officers, military, etc.)

Please remember that once you are registered for this series, you are registered for the entire 2025 year.

February 11 | "Training the Core"

March 11 | "Foot Strength & Balance-Keys to Fall Prevention"

April 8 | "The Arm Farm"

May 13 | "It's Leg Day!"

June 10 | TBD

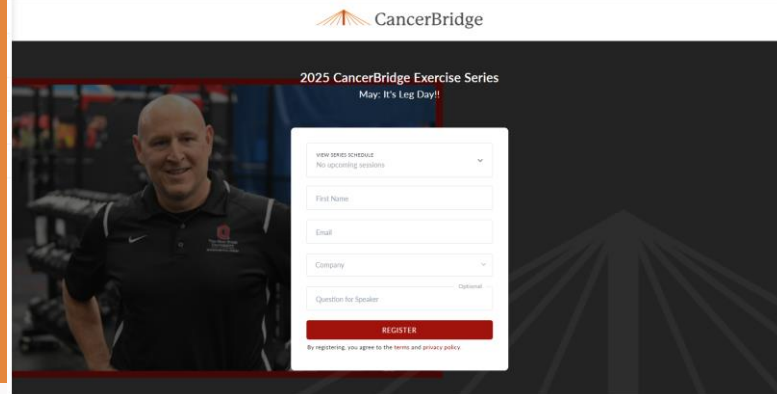
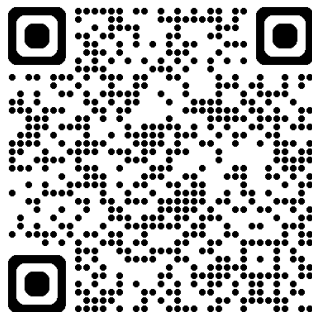
July 15 | TBD

August 12 | TBD

September 9 | TBD

October 14 | TBD

November 4 | TBD



CancerBridge

2025 CancerBridge Exercise Series
May: It's Leg Day!

VIEW SERIES SCHEDULE
No upcoming sessions

First Name

Email

Company

Question for Speaker

Optional

REGISTER

By registering, you agree to the terms and privacy policy.

CancerBridge Education: Cancer Support

2025 CancerBridge Support Series



Thursday, April 17, 2025 at 11:00 AM

[REGISTER HERE!](#)

Melanoma: Join our expert-led webinar on melanoma to learn about the latest advancements in prevention, early detection, and treatment options. Gain valuable insights to stay informed and proactive in the fight against skin cancer.

Presented by: Dr. Liana Pootrakul

Liana Pootrakul, MD, PhD, is a board-certified dermatologist who graduated from medical school at the State University of New York at Buffalo, followed by residency training at The Ohio State University, where she served as Chief Resident. She subsequently completed a fellowship in Mohs Micrographic Surgery and Dermatologic Oncology at Ohio State and joined the Division of Dermatology faculty as Assistant Professor in 2017. Dr. Pootrakul practices Mohs surgery and general dermatologic surgery.



Thursday, May 15, 2025 at 11:00 AM

[REGISTER HERE!](#)

Lymphoma 101: This presentation will cover the basics of Lymphoma; what it is, risk factors, statistics, signs and symptoms, how it is treated, and complications.

Presented by: Stacy Artrip MS, APRN-CNS, OCN

Stacy is the Lymphoma and Multiple Myeloma Clinical Nurse Specialist at the James Cancer Hospital at the Ohio State University Wexner Medical Center. She received her master's in nursing from The Ohio State University. She has been in this role for two years and has been a nurse for 15 years. She works to improve patient outcomes through evidence-based practice, bridging knowledge gaps, and supporting and elevating nursing practice.



Thursday, June 19, 2025 at 11:00 AM

[REGISTER HERE!](#)

Supporting Children While Navigating Cancer: A social worker from the OSUCCC - James will guide participants through age appropriate ways to talk to children about cancer, strategies to help children manage their feelings about an adult loved one's cancer diagnosis, and resources for adult survivors and caregivers as they navigate difficult conversations.

Presented by: Lauren Demoulin, MSW, LISW-S

Lauren Demoulin is a licensed independent social worker with The James - Comprehensive Cancer Center since 2019. She currently works as manager of the Parenting Through Cancer program under JamesCare for Life, supporting cancer survivors and caregivers as they help their children cope with an adult loved one's cancer diagnosis. She is also manager of the H.O.P.E. Program - which facilitates peer support for survivors & caregivers at the James.



CancerBridge

2025 CancerBridge Support Series



Thursday, July 24, 2025 at 11:00 AM

[REGISTER HERE!](#)

Labs 101: We'll go over the basic labs on a CBC, BMP, LFT, etc - what they signify and mean, and some basic explanations for them being out of range.

Presented by: Victoria Krogg DNP, APRN-CNP, AOCNP

Victoria Krogg is a nurse practitioner at the James Cancer Hospital working in the Oncology Diagnostic Care Center providing expedited appointments to diagnose cancer. Victoria studied nursing at Case Western University, obtained her masters from the Ohio State University in 2018, and earned her Doctorate of Nursing Practice from the Ohio State University College of Nursing in 2021.



Thursday, August 21, 2025 at 11:00 AM

[REGISTER HERE!](#)

Infection Risk in Cancer Patients: Understand why your risk of infection is increased, how to identify signs of infection, and prevention strategies.

Presented by: Shelly Brown DNP, MS, APRN-CNS, OCN, AOCNS

Shelly Brown serves as the Leukemia Clinical Nurse Specialist at The James Cancer Hospital where she focuses on quality, patient safety, education, and process improvements in both inpatient and outpatient areas. She recently earned her Doctor of Nursing Practice degree from the Ohio State University College of Nursing. Shelly is passionate about empowering people diagnosed with cancer by increasing their knowledge and finding innovative solutions to assist with symptom management.



Thursday, October 16, 2025 at 11:00 AM

[REGISTER HERE!](#)

Breast Cancer Risks: During this session you'll learn about risk factors for developing breast cancer, methods for reducing risks, how to perform self-exams, and the resources available for further support.

Presented by: Melissa L. Sullivan, APRN-CNP & Jillian L. Garrick, APRN-CNP

Melissa is a nurse practitioner in the Division of Medical Oncology at The James. After graduating from Wright State University in the highly competitive BEACON program, she went on to receive her master's degree in the Family Nurse Practitioner program at Wright State. She was then accepted into the APP Oncology Fellowship at The Ohio State University, where she completed a year of specialty training in oncology. She currently works at the Stephanie Spielman Comprehensive Breast Center.



CancerBridge



CancerBridge | MyCancerBridge.com

Confidential

CancerBridge Education – Member Portal



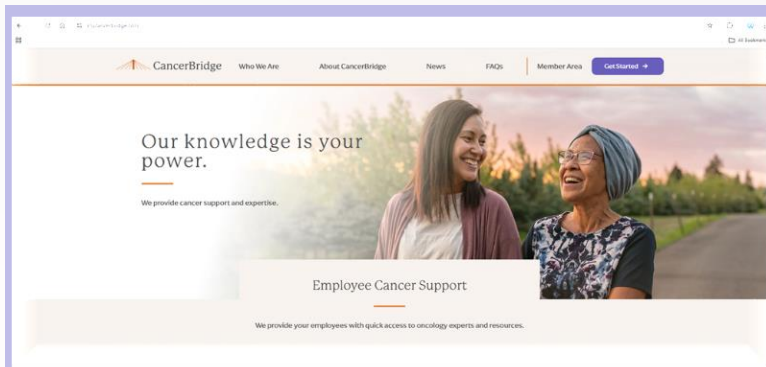
Logging onto the CancerBridge
Website

www.mycancerbridge.com

Username:

columbusstatecommunitycollege

Password: **mycancerbridge**

A screenshot of the CancerBridge website's Member Area. The header includes the CancerBridge logo and navigation links: Who We Are, About CancerBridge, News, FAQs, Member Area, and a Get Started button. The main content area has an orange banner with the text "Welcome to the Members Area" and a link "Log in to get started." Below the banner is a login form with fields for USERNAME (containing "columbus") and PASSWORD (masked with asterisks). There is a "Remember Me" checkbox and a "Login" button. At the bottom, there is a link "Need help logging in?".A screenshot of the CancerBridge website's "Need help logging in?" page. The header includes the CancerBridge logo and navigation links: Who We Are, About CancerBridge, News, FAQs, Member Area, and a Get Started button. The main content area has a form titled "Need help logging in?" with a dropdown arrow. Below the title is the text "Submit your name and email and a team member will respond within 48-72 hours." The form includes fields for COMPANY NAME, EMAIL, FIRST NAME, and LAST NAME. There is a CAPTCHA section with a checkbox "I'm not a robot" and a "Submit" button.

CancerBridge Education – Member Portal

The screenshot shows the 'Member Area' of the CancerBridge portal. At the top, there's a navigation bar with links: 'Where We Are', 'About CancerBridge', 'News', 'FAQs', 'Member Area', and a 'Get Started' button. Below the navigation bar, the main heading is 'Member Area' with a subtext: 'Your online guide to cancer prevention, screening and detection, and cancer support.' The content area includes a 'Welcome to CancerBridge' section with a video player showing a group of people and a 'A message from our Oncology Certified Nurse' section. Below this, there's a section titled 'How to access your CancerBridge personal support team.' with a video player showing a woman on a phone. At the bottom, there's a three-step process: 1. Diagnose, 2. Connect With Us, and 3. Follow up. Each step has a brief description and a 'View Details' button.

Member Area

Your online guide to cancer prevention, screening and detection, and cancer support.

Welcome to CancerBridge

Thank you for choosing us to help you and your family understand and navigate the cancer health care environment. As a confidential information and resource support service, we connect you to cancer experts from a National Cancer Institute (NCI) designated Comprehensive Cancer Center (CCC).

We welcome you to the CancerBridge family.

How to access your CancerBridge personal support team.

CancerBridge makes calling with cancer experts as easy as picking up the phone.

1 Diagnose

2 Connect With Us

3 Follow up

View Details (Click to expand)

View Details (Click to expand)

The screenshot shows the 'CancerBridge Resource Library'. At the top, there's a welcome message: 'Welcome to your CancerBridge Resource Library' and a subtext: 'Our knowledge is your power! Click here to learn more about cancer prevention, screening and detection, and support.' Below this, there's a navigation bar with tabs: 'Wellness & Prevention', 'Screening & Detection', 'Cancer Support', 'Recipes', and 'Other Resources'. The main content area features several video thumbnails: 'CancerBridge Nutrition Series' (Plant Powered Plate), 'CancerBridge Exercise Series' (Training the Core), 'CancerBridge Nutrition Series' (Nutrition Reset: How to Realign Your Goals), 'Lightening Up Family Recipes', 'Winter Wellness', and 'Plant-Based Side Dishes for Holiday Dinners and Parties'.

Welcome to your CancerBridge Resource Library

Our knowledge is your power! Click here to learn more about cancer prevention, screening and detection, and support.

Wellness & Prevention | Screening & Detection | Cancer Support | Recipes | Other Resources

CancerBridge Nutrition Series

Plant Powered Plate

CancerBridge Exercise Series

Training the Core

CancerBridge Nutrition Series

Nutrition Reset: How to Realign Your Goals

Lightening Up Family Recipes

Winter Wellness

Plant-Based Side Dishes for Holiday Dinners and Parties

The screenshot shows the 'CancerBridge Resource Library' with a focus on recipes. At the top, there's a welcome message: 'Welcome to your CancerBridge Resource Library' and a subtext: 'Our knowledge is your power! Click here to learn more about cancer prevention, screening and detection, and support.' Below this, there's a navigation bar with tabs: 'Wellness & Prevention', 'Screening & Detection', 'Cancer Support', 'Recipes', and 'Other Resources'. The main content area features several recipe thumbnails: 'Chicken Pesto Sliders', 'Apple Cranberry Baked Oatmeal', 'Apple Nachos Recipe', 'Asparagus Soup', 'Brownie Omega Bites', and 'Buffalo Chickpea Salad'.

Welcome to your CancerBridge Resource Library

Our knowledge is your power! Click here to learn more about cancer prevention, screening and detection, and support.

Wellness & Prevention | Screening & Detection | Cancer Support | Recipes | Other Resources

Chicken Pesto Sliders

Apple Cranberry Baked Oatmeal

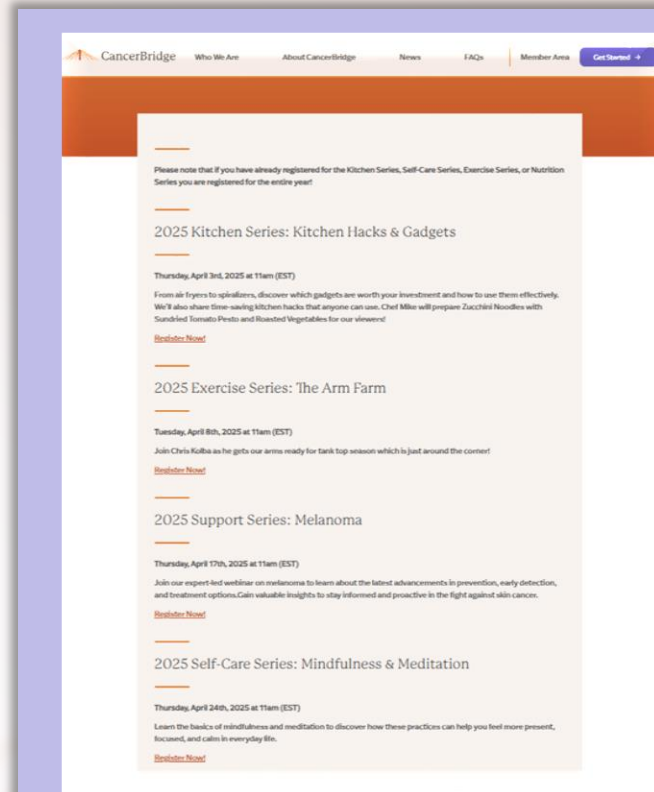
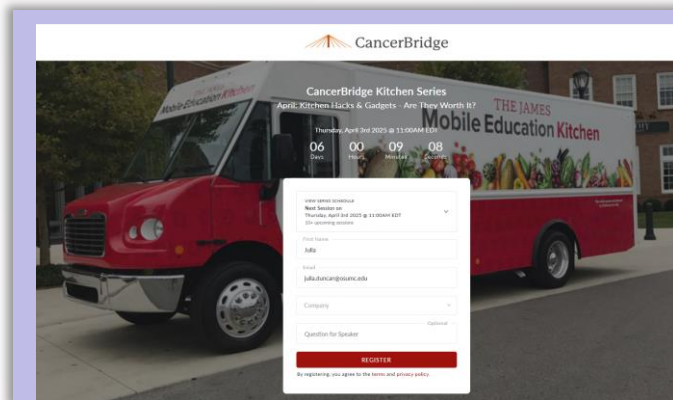
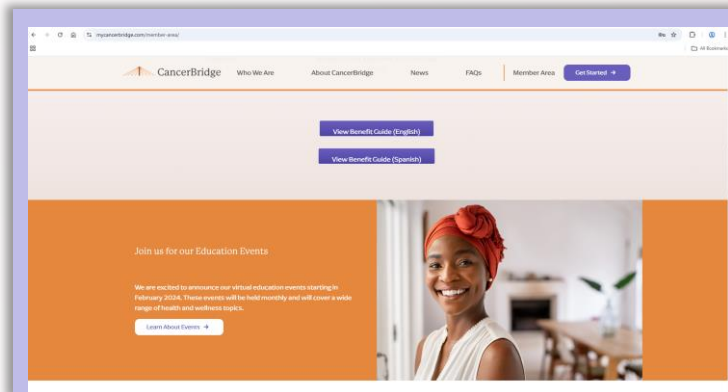
Apple Nachos Recipe

Asparagus Soup

Brownie Omega Bites

Buffalo Chickpea Salad

CancerBridge Education – Member Portal



CancerBridge Recipe Contest – Be a Guest Star!

“Star for the Day” Recipe contest

Love healthy cooking? Enjoy Cancer Bridge’s live healthy cooking webinars? Share your favorite healthy recipe and a cooking photo for a chance to be featured with our chefs! Here’s how:

- Choose your favorite recipe.
- Use healthy living tips that you have learned while watching our webinars to make healthy additions or substitutions to your recipe.
- The winner has an opportunity to appear on our webinar either in person or virtually!
- Submit both the original recipe and new recipe with nutrition information for both, and a picture of the prepared dish to hello@mycancerbridge.com by May 15th, 2025.



CancerBridge Education – Join us May 6!

Virtual Health Fair: May 6th 9am-12pm

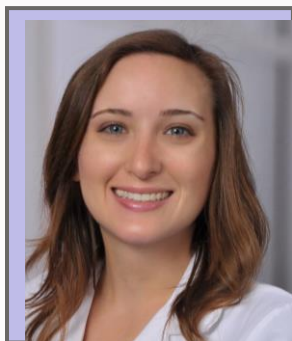
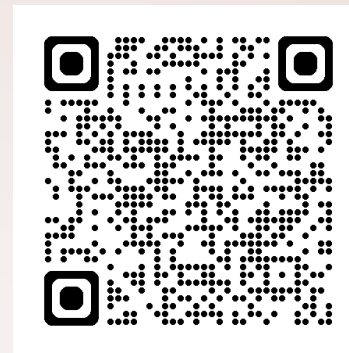
9:00am – 9:15am: Introduction to CancerBridge benefits

9:15am – 9:45am: General Screening Guidelines + Q&A

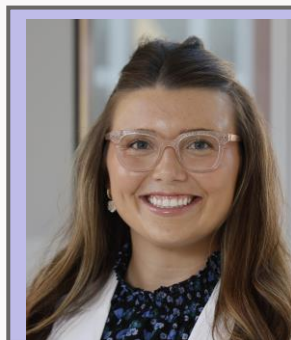
10:00am – 11:00am: Perimenopause/Menopause Presentation + Q&A

11:00am – 11:45am: Making Positive Changes Presentation + Q&A

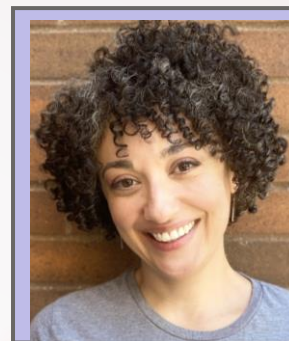
11:45am – 11:50am: Mindfulness Practice



Victoria Krogg, DNP,
APRN-CNP, AOCNP



Siena Cordial, APRN-CNP



Amanda Fox, MA, LPCC

What CSCC Employees Are Saying



"This was one of the **best workshops** I have ever attended. I really appreciate the opportunity to access the resources and to be able to listen to the session recording as many times as I need to."



"Love the **variety** of programming..."



2025: 9 Opportunities for Employee Engagement

1. Virtual Health Fair May 6, 2025
2. Follow us on LinkedIn
3. Participate in live virtual programming
4. Utilize concierge services
5. Review our virtual content library with 90+ webinars
6. Visit us in person at benefit fair
7. Participate in Virtual Kitchen recipe contest
8. Engage your family members in our virtual education
9. Share your cancer journey or healthy living story with us!



“

My PSA (prostate specific antigen) numbers went from 3.1 to 7.6 in eleven days. A biopsy of my prostate was performed. In 10% of one core of ten core samples of my prostate, cancer was detected. After consulting with my urologist, the plan was for me to undergo radiation treatment. I reach out to CancerBridge for a second opinion. Following their recommendation, I met with a prostate cancer oncologist. This expert said cancer would not cause my PSA to increase that quickly and it was likely an infection. His recommendation was “100%...do nothing; radiation would do more harm than good”. He did recommend PSA tests every six months.

If I hadn't consulted with CancerBridge, I would have undergone unnecessary and potentially harmful radiation treatment.

CancerBridge and their staff was a blessing to me and my family, which we all really appreciated.



- John Kiss

”

Benefits Guide

Please find in the following pages our benefits guide for your use and review.



Benefit Guide

Welcome to CancerBridge

Thank you for choosing us to help you and your family understand and navigate the cancer healthcare environment. As a confidential information and resource support service, we connect you to cancer experts from a National Cancer Institute (NCI)-designated Comprehensive Cancer Center (CCC). CancerBridge makes talking with cancer experts as easy as picking up the phone.



CancerBridge

About Us

Easy to Access

By dialing a private, toll-free number, you are immediately connected with CancerBridge. During this call, a certified oncology nurse will ask questions to better understand your cancer concerns. If needed, an expert physician in your specific cancer will call you to discuss your questions and possible next steps.

Because CancerBridge is an independent service, please supply the employee's name and ID number when you call. Confidentiality is assured.

Peace of Mind



We partner with employers to provide customized, evidence-based education opportunities on cancer prevention, screening and early detection, and cancer support.



We provide holistic support at a time that can be overwhelming.

Benefit Eligibility

The CancerBridge service is available to all employees and their immediate family members.

What's Included



Nurse Phone Line: (855) 366-7700
Monday through Friday
8am–8pm (EST)



Wellness series, on-site events, personalized education support



Confidential Cancer Support Program



Our Member Area gives you access to our resource library stocked with featured benefit information, online seminars (webinars), downloadable resources and recipes. To access the library, please contact us for login information at

hello@mycancerbridge.com,

then visit

mycancerbridge.com/member-login

Username: battelle

Password: mycancerbridge



CancerBridge



CancerBridge

FAQs

When can I use CancerBridge?

CancerBridge is available to you at any stage of your cancer experience whether it's for prevention strategies, at a time of diagnosis, during treatment or through survivorship.

Do I need to go through my insurance?

CancerBridge is completely self-directed, meaning that you do not need to file a claim or go through your insurance provider to make a call.

Do I have to pay to use CancerBridge?

There will never be a fee for all employees and their family members to use the CancerBridge service.

What types of questions should I ask during my first call?

Our certified oncology nurses will ask you several questions to gain a better understanding of the reason for your call. Feel free to ask any questions regarding treatment & therapies, returning to work, financial related questions, or questions about caring for someone with a cancer diagnosis. All questions and shared information are confidential.

When is it appropriate to call CancerBridge?

CancerBridge is available to you at any time throughout your cancer experience. You can contact us with any cancer inquiry, such as:

- If you have a new cancer diagnosis
- Discussion of a treatment plan
- How to locate an NCI-designated CCC
- Assistance in finding cancer information and support resources
- If you have questions about cancer clinical trials

Connect with Us

CancerBridge is available Monday through Friday from 8am to 8pm (EST). Outside of business hours, you will be able to leave a private voicemail that will be returned on the next business day by a certified oncology nurse.



Employee Assistance: (855) 366-7700
Employer Inquiries: (614) 293-8301



hello@mycancerbridge.com



mycancerbridge.com



CancerBridge

