ATTENTION-DEFICIT/HYPERACTIVITY DISORDER

MARK QUERRY, PH.D. PSYCHOLOGIST
NEUROLOGICAL DISORDER

Not a behavioral disorder
4 SUBTYPES OF ADD/ADHD

- Inattentive Type
- Hyperactive-Impulsive Type
- Combined Type
- Not otherwise Specified
SYMPTOMS

- Does not give close attention
- Makes careless mistakes
- Can’t keep attention on tasks
- Doesn’t seem to listen when spoken to
- Lacks follow through on instructions/fails to finish things
- Trouble organizing
- Avoids, dislikes things that require a lot of mental effort
- Loses things
- Is easily distracted
- Forgetful in daily activities
SYMPTOMS

- Fidgets with hands or feet; squirms in seat
- Up from seat when expected to sit
- Runs about recklessly or climbs where not appropriate
- Feels restless often
- Trouble playing/leisure activities quietly.
- Often is “on the go”
- Talks excessively
- Blurts out answers before questions are finished
- Difficulty waiting one’s turn
- Interrupts others or intrudes on others.
HOW DO I KNOW IF I HAVE IT?

ADHD/ADD
- Qualifying symptoms
- Neurological impairment
- Stable environment
- Responds to psychotropics
- Treatment: psychotropics, psychotherapy/counseling

Not ADHD/ADD
- Qualifying symptoms
- No neuro impairment
- Chaotic/stressful environment
- No response to psychotropics
- Treatment: psychotherapy/counseling
RULE OUTS

- ADD/ADHD
- Anxiety
- OBS
- PTSD
- Bipolar Disorder II
- Others
WHAT TO DO, IF YOU BELIEVE YOU HAVE ADD/ADHD SYMPTOMS

FIRST, DON’T ASSUME YOU HAVE THE DISORDER

OTHER POSSIBILITIES

SEE A MENTAL HEALTH PROVIDER FOR AN ASSESSMENT AND DISCUSS TREATMENT AND ADAPTIVE OPTIONS

CONSIDER DDS HELP
Assessment for ADD/ADHD

Call 614-287-2818

Nestor Hall, Room 010
African Americans often diagnosed later in life.
8.7 African American children
6% Hispanic
9.8% Caucasian children
Some cultures view impulsivity differently than others
Caucasians are most likely to medication, compared with minorities.
Sometimes Hispanics and African American families are more sensitive to the ADHD label.
Very little research on Asian populations.
QUESTIONS AND DISCUSSION