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Name: ___________________________ Email: ___________________________ Cougar ID: ___________________________

Do you plan on completing a specific program/ major/ certificate?  □ Yes  □ No
  If yes, which? ___________________________

Do you plan on attending Full-Time or Part-Time?  □ Full-Time  □ Part-Time

Are you currently employed?  □ Full-Time  □ Part-Time  □ Not-employed  □ Multiple Jobs

Please answer the following questions:
Which of the following do you have? □ Scholarships  □ Financial Aid  □ Neither  □ Both

Have you met with an Academic Advisor?  □ Yes  □ No

Have you changed majors?  □ Yes  □ No

Are you a transfer student?  □ Yes  □ No

Are you a veteran?  □ Yes  □ No

Are you the first person in your family to attend college?  □ Yes  □ No

Things I think will challenge/are challenging me in college: [Check all that apply]

□ Academically Under-prepared  □ Over Involvement in Activities
□ Adult Student  □ Poor Time Management Skills
□ Alcohol/Drugs  □ Relationship Problems
□ Changing Major  □ Taking Too Many Credit Hours
□ Child Care  □ Transfer Student
□ Difficulties with Professor  □ Transportation
□ Family/Financial Crisis or Concerns  □ Victim of Crime
□ First Generation College Student  □ Working too Many Hours
□ Illness/ Missing Class  □ Other: ___________________________
□ Documented Learning Disability

Questions to Ask Your Advisor:

1. __________________________________________
   __________________________________________
   __________________________________________

2. __________________________________________
   __________________________________________
   __________________________________________

3. __________________________________________
   __________________________________________
   __________________________________________

Questions to think about:

I am attending CSCC to pursue a college degree because:

________________________________________

________________________________________

Who are the members of your Support Network?

________________________________________

________________________________________

The thing I am most excited about in college is:

________________________________________

________________________________________
Discovering Career and Academic Aspirations

1. Describe your life five years after graduation. Ten years. Where will you live? What will your work/career be like? What is the role of family? How do you spend your leisure time?

2. Tell me about a current goal. What is your plan to achieve that goal? If that plan doesn’t work, tell me about another way you could achieve this goal.

Course Placement (for advisor only):

Writing Placement: DEV 0155 → ENGL 0190 → ENGL 1100 OR ENGL 1101
Reading Placement: DEV 0140 → DEV 0145 → No Reading Required
Math Placement: ____________________

Semester Planning:

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<tr>
<th>Semester</th>
<th>Course Title</th>
<th>Credit Hours</th>
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Study Habits:
Generally I study __________ (hours/minutes) a day. Generally I study __________ times per week.

In the future I plan to study: __________ (hours/minutes) a day and __________ times per week.

In what kind of settings (i.e. locations, lighting, desk, time of day, etc.) do you feel you do your most productive studying?
Setting Goals

An important part of being successful in college (and life) is to set goals (big or small). When setting goals for yourself, it’s good practice to set SMART goals: goals with specific, measurable, attainable, realistic, and timely components that make achieving your goal possible. With your advisor, have a conversation about things you would like to achieve and create “smart” goals for areas in academics, a career field, and your own life.

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<thead>
<tr>
<th>Academic Goal:</th>
<th>How I will achieve this:</th>
<th>Deadline:</th>
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<th>Career Goal:</th>
<th>How I will achieve this:</th>
<th>Deadline:</th>
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<th>Life Goal:</th>
<th>How I will achieve this:</th>
<th>Deadline:</th>
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Get Involved!
Another great thing about being a student at CSCC is the numerous opportunities to get involved in meaningful co-curricular activities (i.e. clubs and organizations).

What are some clubs or organizations that you would like to get involved in / create?

How will participation in these activities tie back to your major/career goals?
Referrals:
☐ Advising Division………………………………………………………………… Various Locations
☐ Career Services…………………………………………………………………… Nestor Hall- 108
☐ C.A.R.E.S………………………………………………………………………… Various Providers
☐ Counseling Services……………………………………………………………… Nestor Hall- 010
☐ Disability Services………………………………………………………………… Ebling Hall- 101
☐ Financial Aid………………………………………………………………………… Madison Hall- Student Central
☐ Peer Advocates…………………………………………………………………… Aquinas Hall- 116
☐ Office of the Registrar…………………………………………………………… Madison Hall- Student Central
☐ S.E.A.L……………………………………………………………………………… Nestor Hall- 116
☐ Tutoring……………………………………………………………………………… Various Locations
☐ Testing Center……………………………………………………………………… Aquinas Hall- Lower Level
☐ Writing Center…………………………………………………………………… Columbus Hall (Library)- 102
☐ Other: __________________________________________________________________

Questions to Ask Your Division Advisor

Additional Notes/ Next Steps:

Follow-Up:
Next Appointment Scheduled for: _____________________________________________

Advisor Contact:
Name: ____________________________ E-Mail: _________________________________

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