STUDENT PACKET & APPLICATION:

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GOALS OF ASB ’14

1) To provide an effective urban service experience that transforms lives and strengthens communities.
2) Make an impact in the world through simple acts of kindness, charity, goodwill and justice.
3) Provide experiences for Columbus State Community College students so that they are better prepared to be socially conscious citizens of the world.
4) Provide a service-learning model for experiencing different cultures and developing leadership skills.

ABOUT ASB ’14

While some students spend hundreds of dollars on exotic spring break trips, others spend their break doing a service project. CSCC’s Alternative Spring Break (ASB) “Staycation” was launched in 2013.

ASB allows participants to do important community service work and reflect on their experiences. The trip also provides an opportunity to get to know new people and work together to make a meaningful change for an individual or an area. Students are expected to abide by the Student Conduct Policies.
ASB’ 14 AT A GLANCE~

- **DESTINATION**
  Columbus, Ohio

- **SERVICE**
  The focus of our “staycation” is to learn about the needs of an urban community, and experience hands-on opportunities in community centers, nursing homes, education centers, homeless shelters and soup kitchens.

- **TRAVEL**
  Students will provide their own transportation or use public transportation.

- **FOOD**
  Bring a water bottle and lunch! Breakfast meals are included in the “Staycation.” Please let SEaL know any dietary restrictions or special requests.

**WHY COLUMBUS, OHIO?**


**COLUMBUS, OHIO: SITE SAMPLER AND SCHEDULE (TENTATIVE)**

*Monday, March 10 (“Staycation,” Day 1) Franklin Park Conservatory/Boys & Girls Club*

*Tuesday, March 11 (“Staycation,” Day 2) Mid-Ohio Food Bank/Boys & Girls Club*

*Wednesday, March 12 (“Staycation,” Day 3) Franklin County Dog Shelter/Boys & Girls Club*

8:00 a.m. Breakfast and Training
Daily activities to include, service projects, reflections, book discussion and lunch.
4:00 p.m. Depart

*Thursday, March 13 (“Staycation,” Day 4) A post trip reflection and presentations)*

9:00 a.m. – 9:30 a.m. Breakfast/Welcome
9:30 a.m. – 10:30 a.m. Group Presentations
  - Break
10:45 a.m. Affirmation Circle
11:15 a.m. Evaluations
12:00 p.m. Depart

**REGISTRATION FEE**

Students are responsible to pay a registration fee of $25. The $25 fee will cover a t-shirt, book and 3 meals.
TRAINING

Prior to ASB departure, students will be briefed on the following topics:

1) **Trip orientation/Making the Most of your ASB Trip!**
   a. Expectations and responsibilities
   b. Waivers

2) **Kindness/Compassion in Action**
   a. Journaling
   b. Book Reflection

3) **Teamwork**

READING

Students will be assigned a chapter from a book and present key concepts to inspire other group members to serve throughout the trip and beyond. Students are required to read the book and be prepared to participate in a discussion during the following day of the “Staycation.”

Students are also encouraged to keep a journal throughout the ASB experience.

DAILY REFLECTION

1) Lunch (please bring a sack lunch) will include discussion about the day’s service projects, journal entries and experiences will be explored throughout the week.
2) Students will send “Thank you” cards to the service sites.

GROUP PRESENTATIONS

Students will be assembled into groups with 2-3 members and asked to provide a 10 minute group presentation. These presentations should highlight their experiences and show how “Staycation” will impact their worldview and how to take action in the future. Presentations will be given on March 13, the final day of the “Staycation”.

Q & A

1. If I withdraw my application, will my registration fee be returned?
   a. Yes, as long as the application is withdrawn by March 1, 2014.

2. What if I have to miss a day of training or the “Staycation?”
   a. SEaL understands that “life happens”, but participants are expected to make a three and a half-day commitment to experience the “Staycation”

3. What if I am unable to pay the $25 fee?
   a. Scholarships may be available on a limited basis.

4. What are the benefits of participation?
   a. Make a difference in the community!
   b. The trip is a great resume builder!
   c. Learn about teambuilding and develop leadership skills.
   d. Build friendships and have fun!