



Columbus State Community College

PLAN OF STUDY

MASSAGE THERAPY

Name _____
 Student # _____
 Date Entered _____
 Advisor _____

CAREER AND TECHNICAL PROGRAMS

Effective Autumn Quarter 2009

FIRST QUARTER				SECOND QUARTER				THIRD QUARTER			
		CR	GR			CR	GR			CR	GR
ENGL 101	Beginning Composition	G	3	MASS 261	Massage Techniques I	T	6	MASS 272	Massage Anatomy & Physiology II	T	5
HIMT 121	Advanced Medical Terminology	B	3	MASS 271	Mass Anatomy & Physiology I	T	5	MASS 262	Massage Techniques II	T	6
BIO 261	Human Anatomy	B	5	MASS 235	Massage Law and Business Principles	T	4	MASS 236	Medical Ethics for Massage Therapy	T	3
MULT 171	Current Issues in HIV	B	1								
TOTAL		12		TOTAL		15		TOTAL		14	
FOURTH QUARTER				FIFTH QUARTER				SIXTH QUARTER			
		CR	GR			CR	GR			CR	GR
MASS 273	Massage Anatomy & Physiology III	T	5	MASS 294	Massage Therapy Practicum II	T	5	NURC176	Fundamentals of Herbology	B	4
MASS 292	Massage Therapy Practicum I	T	5	MASS 274	Massage Anatomy & Physiology IV	T	5	ENGL 102	Essay & Research	G	3
				MASS xxx	Massage Elective	T	2-5	HUM xxx	111, 112, 113, 151, 152, or 224	G	5
TOTAL		10		TOTAL		12-15		TOTAL		12	
SEVENTH QUARTER				EIGHTH QUARTER				GRADUATION REQUIREMENTS			
		CR	GR			CR	GR				
MATH 101	Business Math	B	5	MASS 28X	Advanced topics in massage from approved list	T	3	G = General Education B = Basic Education T = Technical Education Total General Education..... 22 hours Total Basic Education 22 hours Total Technical Education..... 54- 57 hours TOTAL CREDITS 98-101 hours			
COMM 200	Business Communications	G	3	COMM 105	Speech	G	3				
SSCI	100, 101, 102, 104 or 105	G	5	NURC 177	Holistic Healing Methods	B	4				
TOTAL		13		TOTAL		10					

MASSAGE THERAPY

Technical Electives FOR Massage Therapy Associate of applied Science Degree Program:

MULT 103	Responding to Emergencies	2
NURC 175	Principles of Homeopathy	4
SES 231	Exercise Physiology and SES 236 (Lab).....	5
SES 241	Kinesiology.....	5

Advanced Massage Electives:

MASS 280	Nationwide Children's Hosp Adv Studies.....	3
MASS 281	Hot Stone Massage	3
MASS 282	Trigger Point I	3
MASS 283	Trigger Point II	3
MASS 284	Sports Massage	3
MASS 285	Aromatherapy Massage	3
MASS 286	Spa Services.....	3

* Students must receive a letter grade of "C" or better in all Massage Therapy course work.